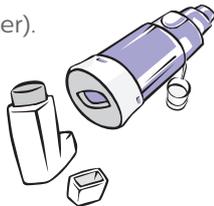


How to use your inhaler with a chamber

Valved holding chambers were designed as accessories to be used with your inhaler, puffer or pMDI. They help deliver more medication to your lungs where it is needed.

Getting ready

- 1 Remove the caps from the pMDI and mouthpiece. Insert the pMDI securely into the flexible opening of the end cap (adapter).



If using a mask - Place it onto the mouthpiece end and gently twist until it fits securely.



- 2 Shake the pMDI according to the pMDI instructions.



- 3 Place lips around the mouthpiece to form a tight seal.



Taking your medication

- 1 Exhale.
- 2 Immediately actuate the pMDI once and begin to inhale slowly.
- 3 Slow your inhalation if the inhalation flow alert sound is heard.
- 4 Hold your breath for up to 8 seconds or as directed by your healthcare professional.



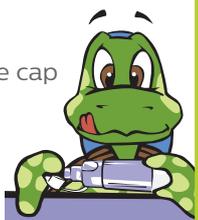
If you are using a mask - Press and hold the mask against the face to create a seal. Actuate pMDI and maintain the seal for 5-6 breaths.



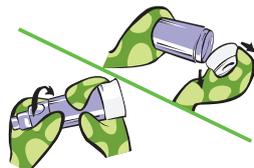
Cleaning your chamber

- 1 Wash your chamber and optional mask once each week.

- 2 Pull off protective cap



- 3 Remove the end cap. If using the mask, remove the mask.



Rotate the mouthpiece to disassemble.

- 4 **Device:** Agitate parts in warm soapy water with liquid detergent for a minute. Allow to soak for at least 10 minutes. **Mask:** Agitate in warm, soapy water for 2 minutes or soak for 10 minutes.

- 5 Rinse with clean running warm water and shake out excess moisture.

- 6 Let all parts air dry thoroughly before reassembly.