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Q is for quieter than ever.

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#### Contents

- Complete mask with headgear assembled and ready for use
- Available in two convenient sizes Petite or Standard
- User-friendly Fitting Guide

#### Reorder Code

400447 F&P Lady Zest Q Petite  
400448 F&P Lady Zest Q Standard



#### Lady

#### F&P Lady Zest Q NASAL MASK

F&P Lady Zest Q takes the 'best of Zest' and adds a quintessentially feminine appeal. Sometimes it's the little things that make a difference.

She offers an over-the-nose solution that, *like Zest*, fits better, feels lighter and is easy to use.

With her advanced Air Diffuser the Lady Zest Q is all about peace and quiet. She won't disturb anyone's sleep with noise or draft.





Fisher and Paykel Healthcare masks are designed for comfort, seal and easy use. With the F&P Lady Zest Q, you're assured of the many high performance features of the Zest family:



Q ... is for:

**Quintessentially Feminine**

F&P Lady Zest Q's rose patterned headgear adds a feminine touch while retaining all the benefits of the Stretchgear™ headgear and its deluxe suspension system. This aesthetic feature is designed to lighten the mental perception of CPAP therapy and aid patient adherence.

**Quiet, Quality Sleep**

F&P Lady Zest Q minimizes partner disturbance with an advanced Air Diffuser. Peace and quiet is assured with its efficient exhaust dispersal.

Together with the many quality features and benefits of the Zest family, the noise and draft reduction enables a quality SleepLife for both patient and partner.

**Quick and Easy**

For speed and convenience the F&P Lady Zest Q comes:

- in two separate sizes (Petite or Standard)
- as an Out-of-Box solution fully assembled and ready for use.



	<p><b>1. Advanced Air Diffuser</b>  <b>Quiet usage:</b> The refined Air Diffuser design ensures minimal noise and efficient exhaust dispersal. Use with the cover for extra quiet or without, for a maintenance-free option.</p>	
	<p><b>2. Easy-Clip Silicone Seal with VTS™</b>  <b>Effortless performance:</b> The Easy-Clip Silicone Seal allows one-step connection or removal for quick and effortless cleaning. The Variable Thickness Silicone (VTS) provides an ultra soft fit for improved sealing and comfort.</p>	
	<p><b>3. FlexiFoam™ Cushion</b>  <b>Auto-contouring cushion:</b> The FlexiFoam Cushion provides greater comfort with the unique design of the soft, light and supportive foam.</p>	
	<p><b>4. FlexiFit™ Technology</b>  <b>Auto-contouring fit:</b> Foam Cushion FlexiFit Technology automatically adjusts to a wide range of nasal and facial contours with simple one-step fitting.</p>	
	<p><b>5. Glider™ Strap</b>  <b>Anti-leak system:</b> The sliding Glider Strap provides freedom of movement while maintaining a seal. Mask force remains equal when the head rotates from side to side, minimizing leak.</p>	
	<p><b>6. Stretchgear™ Headgear</b>  <b>Deluxe mask suspension system:</b> A comfortable and breathable elastic headgear, specially designed to maintain a firm seal. Headgear is uniquely feminine with an appealing rose pattern design.</p>	
	<p><b>7. Glider Clip/Hidden Strap Release</b>  <b>One-step usage:</b> Easy one-step removal of headgear with Glider Clip or Hidden Strap Release. Enables reassembly without having to make fitting adjustments.</p>	

